

Overnight Planned Respite Services

OPRS is a community-based service for Developmental Disabilities Administration-enrolled adults living with their primary caregivers. The service offers a break in caregiving and provides individualized activities and support to the client. Services are provided in a community setting (home or apartment) and are staffed by contracted, certified providers. Each respite setting serves one person at a time, using a person-centered plan developed with the primary caregiver to create a schedule with activities that meet the person's needs. Clients are able to access up to 14 days of support in a calendar year.



To be eligible for OPRS, a client must:

- Be eligible for DDA services per WAC [388-823](#);
- Be 18 years or older;
- Be living at home with a primary caregiver and not currently receiving residential habilitation services under the core waiver; and
- Identify a backup caregiver to respond in an emergency if the primary caregiver is unavailable.

Quality Assurance Oversight

- DDA Office of Compliance, Monitoring, and Training
- DDA Office of Quality Assurance and Communications
- DSHS's Adult Protective Services
- Washington State Department of Health

Stakeholders

- Individuals receiving services
- Families of program participants
- Advocacy organizations
- Certified overnight planned respite service providers

Contact

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[Overnight Planned Respite](#) locations exist statewide with a current total of 11 beds. Locations include: Spokane, Bellingham, Shoreline, Lynnwood, Tacoma, Olympia and Vancouver. Approximately 266 overnight planned respite stays occurred in 2020 .